

# SPEC SHEET + MEASUREMENTS

**GILDAN®**

Gildan® Heavy Cotton™ 100% Cotton Pocket T-Shirt.  
5300

## Product photo



- 5.3-ounce, 100% US cotton
- 50/50 cotton/poly (Graphite Heather, Safety Green)
- 90/10 cotton/poly (Sport Grey)
- Taped neck and shoulders
- Non-topstitched, classic width, rib collar
- Single-needle left chest pocket
- Classic fit, seamless body
- Recycled, high-performing black tear-away label

Please note: This product is transitioning from tear-away labels to recycled, high-performing black tear-away labels. Your order may contain a combination of both labels.

### CARE INSTRUCTIONS

Machine wash warm, inside out, with like colors. Only non-chlorine bleach. Tumble dry medium. Do not iron if decorated. Do not dry clean.

## Sketches



front



back

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## PRODUCT MEASUREMENTS

	S	M	L	XL	2XL	3XL
Body Length at Back	28	29	30	31	32	33
Chest	18	20	22	24	26	28
Sleeve Length	15 5/8	17	18 1/2	20	21 1/2	22 7/8

**Body Length at Back:** Measured from high point shoulder to finished hem at back.

**Chest:** Measured across the chest one inch below armhole when laid flat.

**Sleeve Length:** Start at center of neck and measure down shoulder, down sleeve to hem.

## SIZE CHARTS

	S	M	L	XL	2XL	3XL	4XL
Chest	34-36	38-40	42-44	46-48	50-52	54-56	58-60

## HOW TO MEASURE



### CHEST

Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

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## COLORS

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Please note: PMS code information is shown only when an exact match is available.



Black  
PMS 426C



Charcoal  
PMS CG 10C



Graphite  
Heather  
PMS 424C



Irish Green  
PMS 2252C



Navy  
PMS 533C



Orange  
PMS 2026C



Red  
PMS 199C



Royal  
PMS 7686C



Safety Green  
PMS 382C



Sport Grey  
PMS CG 7C



White