

## SPEC SHEET + MEASUREMENTS

**GILDAN®**

Gildan® Heavy Cotton™ 100% Cotton Long Sleeve T-Shirt. 5400

### Product photo



- 5.3-ounce, 100% US cotton
- 99/1 cotton/poly (Ash)
- 90/10 cotton/poly (Sport Grey)
- 50/50 cotton/poly (Dark Heather, Graphite Heather, Safety Green, Safety Orange)
- Non-topstitched, classic width, rib collar
- Taped neck and shoulders
- Rib knit cuffs
- Classic fit, seamless body
- Recycled, high-performing black tear-away label

Please note: This product is transitioning from tear-away labels to recycled, high-performing black tear-away labels. Your order may contain a combination of both labels.

### CARE INSTRUCTIONS

Machine wash warm, inside out, with like colors. Only non-chlorine bleach. Tumble dry medium. Do not iron if decorated. Do not dry clean.

### Sketches



front



back

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## PRODUCT MEASUREMENTS

	S	M	L	XL	2XL
Chest	18	20	22	24	26
Sleeve Length	33 1/2	35	36 1/2	38	39 1/2
Body Length at Back	28	29	30	31	32

**Chest:** Measured across the chest one inch below armhole when laid flat.

**Sleeve Length:** Start at center of neck and measure down shoulder, down sleeve to hem.

**Body Length at Back:** Measured from high point shoulder to finished hem at back.

## SIZE CHARTS

	S	M	L	XL	2XL	3XL
Chest	34-36	38-40	42-44	46-48	50-52	54-56

## HOW TO MEASURE



### CHEST

Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

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## COLORS

Please note: PMS code information is shown only when an exact match is available.



Ash  
PMS COOL  
GRAY 3C



Black  
PMS 426C



Cardinal Red



Carolina Blue  
PMS 659C



Charcoal  
PMS CG10C



Dark Heather  
PMS 7545C



Forest  
PMS 5535 C



Gold  
PMS 1235C



Graphite  
Heather  
PMS 424 C



Indigo Blue  
PMS 5405C



Irish Green  
PMS 2252C



Light Blue  
PMS 543C



Light Pink  
PMS 684C



Maroon  
PMS 7644C



Military Green  
PMS 5615C



Navy  
PMS 533C



Orange  
PMS 2026C



Purple  
PMS 2112C



Red  
PMS 199C



Royal  
PMS 7686C



Safety Green  
PMS 382C



Safety Orange



Sport Grey



White